
Cándida Cadenas Campos and Physical Education under Francoism

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Résumé

Cándida Cadenas Campos stands as a key figure in the history of Physical Education and women's sport in Spain during the twentieth century. Her professional career developed within a historical context marked by profound gender inequalities, in which sports practice was largely reserved for men and, in many cases, associated with privileged social classes. In response to this scenario, Cándida Cadenas promoted physical education and women's sport as spaces of social, educational, and cultural intervention, contributing to the questioning and transformation of dominant bodily and educational models perceived as exclusionary.

Through her involvement in women's physical education, particularly during the Francoist period, her work helped to open pathways for women's access to sporting practice at a time when they had largely remained excluded from such activities. By means of her participation in the Sección Femenina, Cándida Cadenas fostered the inclusion of women in sport, even within a restrictive and highly normative ideological system.

This study analyses her role as a historical agent in the struggle against inequality and discrimination in the sporting sphere. From the perspective of social history of sport and gender studies, it highlights the impact of her legacy on the configuration and development of women's sport in Spain.

Mots-Clés: Physical Education, Women's sport, Gender inequality, Francoism, Social history of sport, Inclusion and discrimination

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